

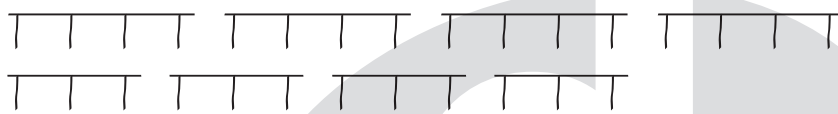
Notation

The notation used here is very simple and can be understood intuitively. I have not used any of the symbols found in classical notation but instead shown all the strokes and notes played on the handpan with various symbols, numbers and letters.

I have organised the exercises in the book in such a way that they work well with any scale. The basic format is a sequence of regular background pulsations.



Depending on the rhythm, these are grouped together, generally in groups of 4 or 3.



The rhythms and melodic lines are then written so that the numbers and symbols are on the pulsation they belong to. Rests are shown by the pulsation not having any symbol.

The number 0, for example, is the symbol for striking the central tone field. A sequence of strokes played regularly may thus be written as follows:

Slow



Moderately fast



Fast



In addition to the notes, I always include a suggested hand pattern as well, with R standing for the right hand and L for the left hand.

